

Affirmation Bowl

Let us prepare a grouping of healing stones or crystals for you or your loved ones.



Each bowl contains a recipe of at least 12 stones that have been chosen for a specific person to support their daily healing.

This bowl will be customized specifically for the person or couple who will be using it. Stones are selected to best align with the energy of the user(s).

If there is a specific intention focus on please make that known at the beginning of the process.

Should no focus be provided we will use the information received from the Higher Self of the person for whom this bowl is intended.

Included with this unique collection is a description of each stone and it's properties as it relates to the person, along with instruction for the proper use of the stone companions.

"We do not 'own' these crystalline gifts of nature... We are simply the Guardians!"

Like other forms of energy medicine, crystal energy healing uses the body's inherent forces to nourish and mend us. Each stone embodies a unique energy that can focus and amplify this healing force and specific therapeutic effects. Once you have experienced the subtle vibrational energy it for yourself, you'll know the stones have a lot to teach us.



- Weddings
- Birthdays
- Baby Gifts
- New Year
- New Beginnings
- Get Well Wishes
- Mother's Day
- Valentine's Day
- Memorials
- Father's Day
- Solstice / Equinox
- Christmas
- Hanukkah
- Kwanzaa
- Or Just Because!



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Please note: This information should not be intended as advice or as a prescription for your medical needs; it is to be used for helping people on their journey of spiritual and personal growth. If you have a medical condition that you feel needs attention, I highly recommend that you see a licensed and trained professional or physician for your concern.